

## Chiropractic and Wellness Centre

Dr. Justine Blainey-Broker is a chiropractor and co-owner of the Justine Blainey Wellness Centre. The Wellness Centre offers a wide variety of services such as chiropractic care, physiotherapy, massage therapy, orthotics, acupuncture, exercise/stretching programs, and nutrition consultations. She has taken on a variety of students from disciplines that range from kinesiology to naturopathy at her Wellness Centre.

<b>Decisions in Providing an opportunity</b>	<p>Dr. Justine believes it's important to pay it forward and provide students with clinical experiences to assist the next generation of health providers and teach them about natural health care, disease prevention and proactive versus reactive health care.</p> <p>Aside from training students, Dr. Justine is able to offload some administrative tasks and benefit from the students' help.</p>
<b>Roles &amp; Responsibilities</b>	<p>Students are provided with the opportunity to observe healthcare practitioners, join team meetings, and understand how to facilitate patient flow within the clinic.</p> <p>Students have assisted with creating educating flyers and presentations on topics such as rheumatoid arthritis, spinal health, etc. and teach stretches and exercises to patients. They have also assisted with conducting computerized nerve scans and administrative jobs such as preparing patient forms and booklets, understanding the front desk aspect of how to run a business, laundry, and cleaning.</p>
<b>Outcome</b>	<p>Students come with an eagerness to learn, assist patients and staff, develop more knowledge, transferable skills, and hands-on experience. They also have excellent computer skills which has helped in creating new patient education flyers, patient stretching forms and other resources.</p> <p>As well, placement students encourage the employer to be a better coach, a better leader, and a better healthcare practitioner since the students observe the employer perform their duties.</p> <p>Dr. Justine has also hired co-op students who have transitioned well since they have previous experience working at the clinic.</p>
<b>Additional Comments</b>	<p>Dr. Justine recommends the following to professionals who are considering of taking on placement students: "If you had a very slow office or if you have an office where you are already overwhelmed, and you don't have somebody to help train the new co-op student then taking on a student might not be the best option at the time."</p> <p>However, "if you are in a situation where you want to grow, you want to serve more people, you have assistance in place to help with the training of the new student whether that be the front desk personnel, another kinesiologist, massage therapist, physiotherapist or other team members then you should consider the opportunity."</p>