

## Chronic Pain Management Program

Alex Falcigno is a Kinesiologist from Thunder Bay where he is working at St. Joseph’s Health Centre as their Exercise Specialist and Team Lead within the Chronic Pain Management Program. He offers placement opportunities to kinesiology students, check out what he has to say about the experience.

<b>Decisions in Providing an opportunity</b>	Alex believes that providing a placement opportunity to students will allow them to join the workforce with valuable experience that will allow them to obtain the jobs to succeed in their role.
<b>Roles &amp; Responsibilities</b>	<p>Within the program, Alex allows students to observe everyday practices such as: intake, screening for safe exercise, fitness testing, exercise prescription and group fitness classes.</p> <p>Students also become a collaborating member of the team where they provide an additional perspective when working with a client.</p> <p>Students are asked to deliver a presentation on a topic they are passionate about within the Kinesiology field to share their knowledge and interest with the team.</p>
<b>Outcome</b>	<ol style="list-style-type: none"> <li>1. Students have practical experience when leaving university to be better prepared to work in a clinical setting post-grad.</li> <li>2. Students have more confidence working hands on with clients, allowing them to provide better care.</li> <li>3. Clinics have the perspectives of students when providing care and can learn about what students are being taught in the classroom and how that can be applied to their own practice.</li> </ol>
<b>Additional Comments</b>	<p>Providing a student with a meaningful placement can be a lot of work for an organization but it works towards the larger goal of growing the kinesiology profession.</p> <p>By providing students with more experience before coming out of school, placement providers are setting them up to do better once in the field therefore promoting the field of kinesiology.</p>